

SOUL RESTORATION

Course Notebook

WEEK # 1

Listened to Tape 1 Side A

Notes _____

Answered Discussion Questions

Part 1 Co-Dependency I

1. In what ways did this sermon help you to grasp what the term “Co-dependency” means?

2. Do you or someone close to you have any of the traits of codependency described in this sermon (ie, can't be happy unless you're happy, have to keep peace in the family, etc)? Please explain. _____

3. What is the difference between servanthood Christianity and being addicted to another person? _____

WEEK # 1 CONT'D

Listened to Tape 1 Side B

Notes _____

Answered Discussion Questions

Part 2 Co-Dependency II

1. Why is it important to realize that co-dependency is not a problem for everyone? _____

2. When you are giving to someone, do you require the person to have the attitude that they will carry their own burdens? According to scripture, what will happen if you don't do this?

3. How do you respond if you make a request of someone and they say "No"? _____

4. How much can a person expect you to give to them? _____

WEEK # 2

Listened to Tape 2 Side A

Notes _____

Answered Discussion Questions

Part 3 Co-Dependency III

1. What have you learned so far about what you are and aren't responsible for? _____

2. How can speaking the truth in love help to free a person from codependency? _____

3. Have you read the book Telling Each Other The Truth? Are you willing to borrow or buy a copy and read it? _____

4. Are you willing to pray an hour a day and walk with someone from your family or church to get free of codependency? _____

WEEK # 2 CONT'D

Listened to Tape 2 Side B

Notes _____

Answered Discussion Questions

Part 4 Co-Dependency IV

1. How can setting biblical boundaries make you secure? _____

2. What are some biblical boundaries you operate in today? _____

3. Based on this teaching, what are some new biblical boundaries God wants you to set?

4. Have you read the book Boundaries? Are you willing to borrow or buy a copy and read it?

WEEK # 3

Listened to Tape 3 Side A

Notes _____

Answered Discussion Questions

Part 5 Sexual Abuse I

Please Read Before Answering Questions

Please be aware that the questions in the next five sermons deal with extremely sensitive and personal issues. Because of this, please feel free to skip questions that you don't feel comfortable answering yet.

1. In your life, have you ever experienced the pain of sexual abuse? Please share as much as you feel comfortable sharing. _____

2. What did you learn about the difference between coerced sexual abuse and forced sexual abuse? _____

3. How warmly accepted and protected did you feel by your father when you were growing up? _____

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4. What did you learn in this teaching about the difference between physical warmth and sexual stimulation? _____

These Questions Are for Parents

5. What practical safeguards do you have or need to have to protect your children from sexual abuse? _____

6. How affectionate and affirming are you of your kids (especially in the area of physical warmth)? _____

This Question Is for Wives

7. To what degree do you feel protected by your husband? _____

WEEK # 3 CONT'D

Listened to Tape 3 Side B

Notes _____

Answered Discussion Questions

Part 6 Sexual Abuse II

1. How difficult is it for you to face issues of abuse in your life? _____

2. Which one or two of the seven steps for healing is the Holy Spirit highlighting for you to apply next in your life? _____

3. In order to be healed, are you willing to a) share your story with someone else, b) study, and c) let God use your wounding to minister to others? _____

WEEK # 4

Listened to Tape 4 Side A

Notes _____

Answered Discussion Questions

Part 7 Sexual Abuse III

1. Based on this teaching, why is true shame a good thing? _____

2. What is the difference between true shame and false shame? _____

3. How does understanding free will help to answer the question, "Why did this happen?"

4. Are you willing to try to discover the childhood history of the person who hurt you? What positive results might occur if you did?

5. Have you read the book The Wounded Heart? Are you willing to borrow or buy a copy and read it? _____

This Question is for Married Couples

6. Have you read the book The Gift of Sex? Are you willing to borrow or buy a copy and read it? _____

WEEK # 5

Listened to Tape 5 Side A

Notes _____

Answered Discussion Questions

Part 8 Sexual Abuse IV

1. How is your general spiritual health? Specifically . . .
 - a) Are you humble (ie, willing to focus on your wrongs in a conflict)? _____

 - b) Are you faithful in church? _____

 - c) Are you unselfcentered (ie, do the words out of your mouth primarily focus on other people's needs)? _____

2. Are you tempted to let your wounding become an excuse to not operate in general spiritual health? _____

WEEK # 5 CONT'D

Listened to Tape 5 Side B

Notes _____

Answered Discussion Questions

Part 9 Demons and Deliverance I

1. How comfortable are you about dealing with demons? _____

2. How different to you is the concept that demons and deliverance is the last step of Soul Restoration (ie that deliverance comes after repentance)? _____

3. Do you feel balanced in your perspective on demons (ie, realizing that they have the ability to cause damage but not being intimidated by them)? _____

4. What new information did you learn about Satan and the demonic realm in this teaching?

5. Based on this teaching, why is it important to speak out loud when dealing with demons?

6. "Demons only have as much power in your life as there is darkness in your life." What are the implications of this thought in your life? _____

WEEK # 6

Listened to Tape 6 Side A

Notes _____

Answered Discussion Questions

Part 10 Demons and Deliverance II

1. “Repentance is the key to getting rid of demons.” What was your initial reaction to this statement? Please explain if you’ve had different beliefs in the past. _____

2. Based on this teaching, why is it always unbiblical to speak to the demon rather than the person (when dealing with Christians)? _____

3. Please describe areas of your life where you need to repent in order to be freed from demonic strongholds. _____

WEEK # 6 CONT'D

Listened to Tape 6 Side B

Notes _____

Answered Discussion Questions

Part 11 Demons and Deliverance III

1. Are there areas in your life that show signs of demonic harassment (ie irrational thoughts and/or a sense of being driven to sin)? _____

2. According to this teaching, how can you know that you've been delivered? _____

3. Do you have any unforgiveness (ie unresolved conflicts) in your life? If yes, are you willing to repent? _____

4. Do you have any intense sins in your life (ie sin habits you've given yourself to)? If so, are you willing to repent? _____

WEEK # 7

Listened to Tape 7 Side A

Notes _____

Answered Discussion Questions

Part 12 Demons and Deliverance IV

1. What did you learn in this teaching about the power of confession when going through deliverance? _____

2. Is repenting, receiving forgiveness, and renouncing demonic spirits a way of life for you? How did this teaching help to incorporate this into your life? _____

3. In order to go through inner healing and deliverance, are you willing to a) have an elder, b) study, and c) spend an hour a day with God for 1-2 months? _____

WEEK # 8

Listened to Tape 8 Side A

Notes _____

Answered Discussion Questions

Part 13 Tragedies

1. What is the difference in cause-and-effect pain and the pain from a tragedy? _____

2. What effect did it have on you to realize that Jesus answered “No” to the question, “What did I do wrong?” _____

3. How can understanding that this is a sin filled world help to answer the question, “Why did this happen?” _____

4. According to this teaching, why doesn’t God stop bad things from happening? _____

5. What is your reaction to the point that you don’t ever get worse than what you deserve and that you can’t claim that God is unjust? _____

WEEK # 8 CONT'D

6. How comforting and helpful is it to realize that God didn't want you to go through this tragedy and that He hurt for you? _____

7. How can bearing fruit help you deal with pain, anguish, and emotion? _____

8. What are the main things you learned from the Soul Restoration series? _____
