
Fruit of the Spirit

Week ①: Love

Week ②: Joy & Peace

Week ③: Patience

Week ④: Kindness

Week ⑤: Goodness

Week ⑥: Faithfulness

Week ⑦: Gentleness

Week ⑧: Self-Control

**PASTOR JOHN FICHTNER
OF LIBERTY CHURCH**

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Key:

- | | |
|---|--------------|
|  | Unit or Week |
|  | Take Notes |
|  | Questions |
|  | Answers |

FRUIT OF THE SPIRIT

LOVE

1

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's love.

AESOP'S FABLE - THE THREE MERCHANTS

- DANGERS
- "HALT! BEND OVER AND GRAB PEBBLES FROM THE CREEK BED. AND PLACE THEM IN YOUR POCKETS. NOW, TRAVEL ALL NIGHT AND DO NOT STOP."
- FOUND _____

REMINDER OF THE FRUIT OF THE SPIRIT (DIRTY USELESS PEBBLES IN THE CREEKBED.)

Fruit of the Spirit

Personality of God - Gal. 5:22-23

Love	J	P
P	K	G
F	G	S

*1-9 ANSWER KEY

PERSONALITY OF THE HOLY SPIRIT (LOOK AT EARTH THROUGH HEAVEN'S EYES)

 BIBLE NOTES:

1 COR. 3:12

HIS WORK WILL BE SHOWN FOR WHAT IT IS...

THE QUALITY OF EACH MAN'S WORK...

WORLD BOOK ENCYCLOPEDIA: "FOR A FRUIT TREE TO _____¹⁰, THE GROUND MUST BE _____¹¹ TO A DEPTH OF 4 (FOUR) FEET."

-IT TAKES THOUSANDS OF GALLONS OF WATER

FRUIT OF THE SPIRIT

LOVE

1

PATIENCE...IS A STRATEGY FOR YOUR LIFE
KINDNESS... IS DISCERNMENT OR AN ABILITY TO PERCEIVE PEOPLE'S NEEDS

"NO PERSON CAN WALK IN THE FRUIT OF THE SPIRIT BY SIMPLY THE _____¹²."

SOIL REPRESENTS THE HUMAN _____¹³

WATER REPRESENTS THE _____¹⁴

"IT TAKES A _____¹⁵ DEEP IN YOUR HEART
TO _____¹⁶ THE FRUIT OF THE HOLY SPIRIT."

THE FIRST FRUIT THE SPIRIT - LOVE

1 Co. 13

STORY OF WARDEN KENYON J. SCUTTER'S PRISONER

- STORY OF THE APPLE TREE AND THE WHITE RIBBON
- ABUNDANCE OF GOD'S LOVE

 Bible notes:

1 JOHN 4:7-8

FRUIT OF THE SPIRIT

LOVE

1

- GOD'S LOVE IS DIFFERENT

GOD'S LOVE: offer to give from a pure (_____ ¹⁷) heart

- DO YOU WANT TO BE A VESSEL OF GOD'S LOVE?
- _____ ¹⁸ SHRINKS GOD'S LOVE
- A GIFT IS OFFERED CANNOT BE MANIPULATED

 Bible notes:

EPHESIANS 4, 5:2; 5:25; 1 JOHN 4:18;

A. YOU CAN'T _____ ¹⁹ LOVE. GOD'S LOVE IS NOT INSECURE.

B. IT IS _____ ²⁰, NOT FORCED (JOHN 3:16) ASK VERSUS DEMANDING LOVE.

QUESTION: WHAT DOES THE BIBLE SAY IS THE MEASURE FOR HOW MUCH, WHEN YOU HAVE LITTLE CHILDREN, YOU LOVE THEM?

ANSWER: HOW MUCH YOU DISCIPLINE THEM.

 Bible notes:

ROMANS 12:9

I THESSALONIANS 2:8

I CORINTHIANS 13:4

? Questions

- 1) Describe God's love in your own words.
- 2) What did you take away from the Story of Warden Scutter's prisoner?
- 3) Why does insecurity decrease love?
- 4) Who demands your love? How do you feel about them? Do you demand other people's love?
- 5) How does discipline demonstrate love?
- 6) Make a list of the key relationships in your life. Then write a statement that expresses how you choose to demonstrate love to these people.
- 7) How can you choose to demonstrate love to yourself?



Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 BEAR FRUIT, 11 SATURATED, 12 HUMAN WILL, 13 HEART, 14 HOLY SPIRIT, 15 SATURATION, 16 BIRTH, 17 SECURE,
18 INSECURITY, 19 DEMAND, 20 OFFERED

FRUIT OF THE SPIRIT

JOY & PEACE

2

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Joy & Peace.

Fruit of the Spirit

Personality of God - Gal. 5:22-23

L	Joy	Peace
P	K	G
F	G	S

*1-9 ANSWER KEY

Story of God's Love in review: John 13:1-9, 34

- Understanding Biblical Love (Depth):
Is the Solution to All _____¹⁰ Problems
- There is power and tools available in this type of Love
- Tension may escalate, or cause reaction, by expressing love
- Manipulation of situation by Peter, Jesus teaches the lesson
- Jesus' example of _____¹¹

Biblical Love Tools

- The two word phrase: _____¹² (powerful)
- Track record of giving and God's love
- When God _____¹³ his love, it powerfully _____¹⁴ people

GALATIANS 5:22-23

Love =

Patience, kindness, goodness, faithfulness, self-control and gentleness

FRUIT OF THE SPIRIT

JOY & PEACE

2

- Love is an _____¹⁵ word. (God moving through you and touching other people, Responsibility to minister to other people)
- Patience, kindness, goodness, faithfulness, gentleness, and self-control involve other people
- Love is patient, love is kind (I Corinthians 13:4)

Story of the teenager pouring out the Love of God
Notes:

Joy and Peace are the totality of God's _____¹⁶.

Pray for any other reason but _____¹⁷ and _____¹⁸;
you are _____¹⁹ and you will not pray very much.

The single most attractive feature in anyone is _____²⁰ (Grace)!

📖 BIBLE NOTES: Pray joy & peace...Neh. 8:10, Heb. 1:9, Heb. 12:2, Luke 10:21, John 15:11, Heb. 4:16, Gal. 4:15, John 14:27, Col. 3:15, Phil 4:6-7, Prov. 3:17

The safest place in heaven and earth is under the peace God.

*"You are my faithful ones, in whom I delight.
And my eyes are on you every day. For you are my light and you are the
ones that walk not by the Law, but by my heart.
And I delight in your opening of your heart to my heart.
I forget not the faithfulness, but I reward everyday.
For you are my faithful ones, who walk not by the law but by my heart."*

FRUIT OF THE SPIRIT

JOY & PEACE

2

? Questions

1. What has happened with all of your joy?
2. What price will you pay for the joy of the Lord? Asking for the JOY OF THE LORD!
3. Are you faithful?
4. Did you get your paycheck (reward for serving others out of God's love)?
5. What is God asking you to do in response to this lesson?



Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 RELATIONAL, 11 LOVE, 12 BACK OFF, 13 WITHDRAWS, 14 EFFECTS, 15 ACTION, 16 REWARDS, 17 JOY, 18 PEACE ,
19 RELIGIOUS, 20 JOY

FRUIT OF THE SPIRIT

PATIENCE

3

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Patience.

Fruit of the Spirit

Personality of God - Gal. 5:22-23

L	J	P
Patience	K	G
F	G	S

*1-9 ANSWER KEY

THE FRUIT OF PATIENCE (BE PREPARED FOR A SURPRISE IN THIS FRUIT)

- **MAKROTHUMIA** - VISIONARY AND ACTIVE, LONG PASSION OR MOVEMENT (LONG-TERM GROWTH STRATEGY)

10 AREAS TO PRAY PATIENCE OVER (MAKROTHUMIA)

*10-19 ANSWER KEY

1. .
2. .
3. .
4. .
5. .
6. .
7. .
8. .
9. .
10. .

Makrothumia for Children - John's example

- 0 - 6 years -Respectfully and Cheerfully Obedient
- 6 - 12 years -Teach Disciplines
(1) Hard work, Study Habits, Exercise, & Prayer
(2) Graciousness, Kindness, Listening, Praising
- 12 - 18 years - Full of the Holy Spirit, Challenged, & Eat crow

BIBLE NOTES:

PROVERBS 19:11

HEBREWS 6:12

PROVERBS 14:29

2 TIMOTHY 3:10

? Questions

GOD, GIVE ME A MAKROTHUMIA (STRATEGY) FOR THESE AREAS...

1. MARRIAGE -
2. CHILDREN -
3. MINISTRY FOR YOUR CHURCH FAMILY -
4. REACH THE LOST -
5. EATING HABITS -
6. EXERCISE HABITS -
7. PATIENCE -
8. BIBLE STUDY -
9. CAREER -
10. FINANCES -



Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 MARRIAGE, 11 CHILDREN, 12 MINISTRY FOR YOUR CHURCH FAMILY, 13 REACH THE LOST, 14 EATING HABITS,
15 EXERCISE HABITS, 16 PATIENCE, 17 BIBLE STUDY, 18 CAREER, 19 FINANCES

FRUIT OF THE SPIRIT

KINDNESS

5

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Kindness.

Fruit of the Spirit

Personality of God - Gal. 5:22-23

L	J	P
P	Kindness	G
F	G	S


*1-9 ANSWER KEY

KINDNESS (YOUTHFUL OR PROFITABLE)

- GIVING IN THE AREA WHERE THE _____ 10
- CURE FOR _____ 11 AWKWARDNESS

HEALTHY RELATIONSHIPS (2 Co.): 4 GREATEST NEEDS FOR THE HUMAN SOUL

1. **MAKE THEM** _____ 12: I WILL NEVER HAVE THE _____ 13 TO BE HARSH, ATTACK, OR CRITICIZE OR BE HARSH
2. _____ 14: INSTEAD OF "THINKING ABOUT PURE THINGS", STRATEGY FOR DEALING WITH PEOPLE YOU ARE HAVING DIFFICULTY WHATEVER IS TRUE, NOBLE, RIGHT, PURE, LOVELY, ADMIRABLE, EXCELLENT, OR PRAISEWORTHY ABOUT THE PERSON WHO IRRITATES ME.
3. **TO OFFER TO** _____ 15: I NEED FREEDOM TO SPEAK INTO YOUR LIFE VS. OFFER TO HELP. WHAT IS THE MOTIVE? POWER OR SERVANTHOOD
4. **AN** _____ 16 **RESPONSE:** USEFUL AND PROFITABLE WORDS
EXAMPLE OF MARRIAGES THREATENING DIVORCE
DIFFERENCE BETWEEN NICE AND KIND

 BIBLE NOTES: 2 Co 11:20-21; Phil. 4:8; 2 COR. 10:8; 2 COR. 6:11-13; 2 Co. 7:2; 2 Co. 13:10; ROM. 7:12

? Questions

1. What did the Lord speak to you about this lesson?
2. Do you make people feel safe? Praise people? Serve people? Are you honest?
3. Which of these areas does the Lord want you to start working on?
4. How can you identify someone's greatest need?
5. Prayerfully seek the Lord to give you a strategy to improve your relationships. Write down anything He gives you.
6. Specifically, is there someone that the Lord is placing on your heart that He desires for you to extend kindness to?

Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 GREATEST NEED, 11 SOCIAL, 12SAFE, 13 RIGHT, 14 PRAISE, 15 HELP, 16 HONEST

FRUIT OF THE SPIRIT

GOODNESS

6

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly *God's Goodness*.

Fruit of the Spirit

Personality of God - Gal. 5:22-23

L	J	P
P	K	Goodness
F	G	S

*1-9 ANSWER KEY

What is Goodness?

"I want you to be wise about what is Good"
'de' - moreover, further to explain

Restore Innocence about what evil.

New Testament Summarize 27 Different Sins (Gal. 5:19-21; Col. 3:5-8)

1. Sexual sin
2. Strive/anger

These are Opposites of Love

Innocence = _____¹⁰ and _____¹¹ as compared to a hard drive being full

When _____¹² is restored there is a renewed Passion for people

What are two enticements that are glorified in TV /movies

- Sex
- Violence

FRUIT OF THE SPIRIT

GOODNESS

6


Evidence of Innocence Lost

- Bored
- Hyper-stimulation of the emotions
- It steals your imagination

Ask God to make you innocent again.

Pray for Restored Innocence (in both area) - To not even consider the possibility of participating in evil.

Rewarding of Innocence = Goodness

 BIBLE NOTES: ROM. 16:19; GAL. 5:19-21; COL. 3:5-8; 1 CO. 14:20; MATT. 10:16; Matt. 7:11; Luke 1:53; Luke 16:25; Rom. 8:28; Phil. 1:6

INNOCENCE FOR MARRIAGE

The fruit of saving your innocence for marriage.

INNOCENCE TOWARD ANGER

Anger is addictive drug:

"If you let a spirit of pettiness, hypersensitivity, criticism, anger it will eat you until there is nothing left for laughter. They have no insight on life; they have no imagination about good things. They are not passionate about life. Their hard drives have been sucked into a black hole of nothingness."

Do you know that you can have your innocence restored?

? Questions

1. What is God asking you to do in response to this lesson and having your innocence restored?
2. What commitments is the Lord asking you to make to him so that your innocence can be maintained?
3. Are you willing to make this commitment? Take some time and pray, then write out this commitment and ask someone you trust to pray with you about this commitment.
4. How can you build a support network of friends (family) that will encourage you in this commitment?



Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 IMAGINATIONS, 11 PASSION, 12 INNOCENCE

FRUIT OF THE SPIRIT

FAITHFULNESS

7

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Faithfulness.

Fruit of the Spirit

Personality of God - Gal. 5:22-23


L	J	P
P	K	G
Faithfulness	G	S

*1-9 ANSWER KEY

Scripture Text: Matt 25:14-30

Synonyms for Faithfulness

Areas where you have been faithful?

 BIBLE NOTES: Matt. 25:14-30; Prov. 28:6

FRUIT OF THE SPIRIT

FAITHFULNESS

7

What does it mean to be faithful to your commitments?

← Faith-full-ness = "Full of Faith" →

Obligation Drudgery Keep Going no matter Unconditional Commitment	Dependable Keep your word Reliable Credibility Finishes what you start Loyalty Trustworthy Stable Constant Devoted Resolute Steadfast	Full of Faith Aggressive Bold Confident Strong
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God is full of Faith in you!

📖 BIBLE NOTES: 1 Cor. 4:2; Prov. 20:28; Ps. 18:25; Ps. 146:6

FRUIT OF THE SPIRIT

FAITHFULNESS

7

Characteristics of Faithfulness

- It is required that those who have been given a trust, must earn it through faithfulness
- Shared happiness
- Confident
- Faith must grow or it will die
- Faithfulness builds faith
- Faithfulness is a 2-way street (Never just a one-way commitment)
- Spending time
- Faithful to your church

Consequences off Faithfulness

- Little things done well bring big rewards
- Keep you safe by love and faithfulness

? Questions

1. In Matt 25:14-30, what characteristics did each person demonstrate?
the master

the faithful servants

the wicked servant
2. What differences were there between the faithful servant and the wicked servants' perspective of the master?
3. What things, relationships, responsibilities has God entrusted to you?
4. Are you "full of faith" in the things God has entrusted you?
5. What is God asking you to do about your level of faithfulness?



Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL

FRUIT OF THE SPIRIT

GENTLENESS

8

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Gentleness.

Fruit of the Spirit Personality of God - Gal. 5:22-23

L	J	P
P	K	G
F	Gentleness	S


*1-9 ANSWER KEY

Gentleness of God

- He is the most gentle one could image
- Consider the phrase "gentleman" and its true meaning

Gentleness

- 1) Is not _____¹⁰, it is power under control
- 2) Is always _____¹¹
- 3) Is always God's method of _____¹²
 - a) God waits until you ask and then He honestly with a promise "Let me change you"
 - i) What about the Old Testament rebukes? What about children?
 - (1) The Law, Authority, Inheritance, Full Right as an Heir
 - (2) Give up the Authority to give rebuke
 - (3) As an Heir, the only right given to rebuke is when asked
 - i) Sowing and reaping
 - ii) Mercy of God
 - iii) Rejection

 BIBLE NOTES: Entire Chapter I Co. 4 (vs. 21)

Gal 4:1-7; Gal. 6:7-8

ROM. 6:23; ROM. 1:24,26, 28

I COR. 5:5; I TIMOTHY 1:20

GAL 6:1

FRUIT OF THE SPIRIT

GENTLENESS

8

BIBLE NOTES:

II Co 10:1

"BY THE MEAKNESS AND GENTLENESS OF CHRIST, I APPEAL TO YOU..."

EPH. 4:1-2

"I URGE YOU TO LIVE A LIFE WORTHY OF THE CALLING YOU HAVE RECEIVED, BE HUMBLE AND COMPLETELY GENTLE"

COL. 3:12

"...CLOTHE YOURSELF WITH COMPASSION, KINDNESS, HUMILITY, GENTLENESS, AND PATIENCE"

I TIM. 6:11

"PURSUE RIGHTEOUS AND...GENTLENESS"

II TIM. 2:23-26

"DON'T HAVE ANYTHING TO DO WITH FOOLISH ARGUMENTS...THE LORD'S SERVANT MUST NOT QUARRREL, INSTEAD HE MUST BE KIND TO EVERYONE."

TIT. 3:2

"WE ARE TO MALIGN NOONE, TO BE UNCONTENTIOUS, GENTLE, SHOWING CONSIDERATION FORO ALL MEN"

NUMBERS 12:3

"MOSES WAS A HUMBLE MAN"

MATT 5:5

"BLESSED ARE THE MEEK, FOR THEY WILL INHERIT THE EARTH"

MATT 11:28-30

"COME TO ME, ALL YOU WHO ARE WEARY AND BURDENED. FOR I WILL GIVE YOU REST, TAKE MY YOKE UPON YOU AND LEARN FROM ME FOR I AM GENTLE AND HUMBLE IN HEART..."

MATT 21:5

"SAY TO THE DAUGHTER OF ZION, YOUR KING COMES GENTLE AND RIDING ON A DONKEY."

? Questions

- 1) Describe God's Gentleness in your own words.

- 2) What is the biblical method of rebuke?

- 3) Name a situation or person that God is moving on your heart to extend God's gentleness.

- 4) How does this approach to gentleness differ than the world's perspective of gentleness?

- 5) Discuss the 10 scriptures, listed at the end of the study.

- 6) What do you want God to do in your heart?

Answers

*1 LOVE, 2 JOY, 3 PEACE, 4 PATIENCE, 5 KINDNESS, 6 GOODNESS, 7 FAITHFULNESS 8 GENTLENESS 9 SELF-CONTROL
10 WEAKNESS, 11 HUMBLE, 12 REBUKE

FRUIT OF THE SPIRIT

SELF-CONTROL

9

Objective: To establish a foundation of the Fruit of the Spirit and to explore what is truly God's Self-Control.

Fruit of the Spirit

Personality of God - Gal. 5:22-23

L	J	P
P	K	G
F	G	Self-Control

*1-9 ANSWER KEY

Self-Control

Internal Strength - the strength inside of you.

Love

is an offer to give from a secure heart

Joy & Peace

is the result in spite of circumstances

Patience

is a life long passion

Kindness

is a usefulness of making another feel safe, praise, serve, and honesty

Goodness

is a choice of innocence

Faithfulness

is full of faith

Gentleness

is power under control

Self-Control

is internal strength


Two Aspects of Internal Strength

- Stress is when external pressure is greater than internal strength
- A truly strong person asks for help "Heart of Christianity"

FRUIT OF THE SPIRIT

SELF-CONTROL

9

 BIBLE NOTES: II Co. 4:7-10, 16-17

II Co. 12:9-10 " My grace is sufficient for you, for my power is made perfect in weakness, therefore I will boast all the more gladly about my weaknesses. For when I am weak, then I am strong."

Strongest times are when you say, "I need help"

? Questions

1. Do you sense stress in your life?
2. What areas do you see your weaknesses? What areas in your life do you realize that you NEED Jesus?
3. Can you admit that you need help? If so, pray for him to come into this area.
4. Honestly, where does your strength come from?

Answers

*1 love, 2 joy, 3 peace, 4 patience, 5 kindness, 6 goodness, 7 faithfulness 8 gentleness 9 self-control